

Waxing Treatments

NB due to skin sensitivity swimming is not recommended before waxing

½ leg wax	£14	20 mins
½ leg wax, underarm And Bikini Line	£30	50 mins
¾ leg wax	£18	40 mins
Full leg wax	£21	40 mins
Full Leg & Bikini Line	£25	1hr
Bikini Line	£9	15 mins
Underarm Wax	£9	15 mins
Lip or chin wax	£8	10 mins
Lip and Chin wax	£14	15 mins
Eyebrow wax	£8	15 mins

Nail Extensions

Backscratchers (silk wrap & acrylic)

Overlay (Strengthens own nails)	£20	1hr
Full Set	£25	1hr 30 mins

(French tips, pearlised tips and natural tips Available)

Eye Treatments

Eyelash Tint and Eyebrow Tint ***	£18	30 mins
Eyebrow Tint***	£9	15 mins
Eyelash Tint***	£14	30 mins

***** Tint Test required 24Hrs before treatment**

Electrolysis

Consultation	FREE
Up to 15 minutes	£15
Course of 6	£80
Up to 30 minutes	£28
Course of 6	£158
Thread Vein Removal	£POC

Make Up with Bare Escentuals

Make Up Application	£25	30 mins
Make Up Lesson	£38	1 hr 30 mins
Trial Bridal Make Up	£38	1 hr 30 mins
Bridal Make Up (on the day)	£27	1 hr 30 mins

Additional charges may apply to cover Therapist travel costs.

Full details of wedding packages are available at reception.

Self Tanning Treatments

(Fake Bake)

Create the most natural looking tan without harmful UV rays with this 98% organic based self tanning product

Spray Tan	£25	30 mins
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Spa Days

Pamper Day £120

Treatments includes a Dermalogica facial, Full Body Massage, Eyebrow shape, Standard Manicure and Standard Pedicure.

Time needed 5 Hours – Please allow extra time for lunch (available to purchase in hotel)

Lifestyle Tonic £70

Treatments includes back massage, mini facial and choice of standard manicure or pedicure.

Time needed 3 Hours – Please allow extra time for lunch (available to purchase in hotel)

A 50% non-refundable deposit is required for all Spa Days

Gift vouchers available on request.

TH Beauty



**Lifestyle Health & Leisure Club
The Langstone Hotel
Northney Road
Hayling Island
Hampshire
PO11 0NQ
Tel: 023 9246 6214**

Treatment Price List

Version 3 Feb 2009

Opening Hours

Alternate Mondays	10:00 – 17:00
Tuesday	09:00 – 21:00
Wednesday	09:00 – 21:00
Thursday	09:00 – 21:00
Friday	10:00 – 19:00
Saturday	09:00 – 17:00
Sunday	09:00 – 14:00

JESSICA®
dermalogica®
bareMinerals®
BY BARE ESSENTUALS

Dermalogica Facial Treatments

The dermalogica face treatment £35 75 mins

This treatment is customised to suit the Face Mapping analysis. The treatment will be unique to each individual client by using dermalogica's unique botanical mixers throughout the step-by-step process to provide additional benefits to the clients skin.

Dermalogica Age Smart treatment £45 90 mins

Concerned about the signs of aging on your skin? Feel like your skin needs a revitalising power boost? Then this is the treatment for you! Combined vitamin and hydroxy acid exfoliation, energising massage techniques that release tension in the facial muscles and Dermalogica's specialised contour masque make this the ultimate in skin therapy for prematurely-aging, dry, devitalised skin! Your skin will be noticeably firmer, smoother and revived.

MediBac Clearing treatment £40 75 mins

The MediBac clearing system contains advanced ingredients and botanicals to help control the four main factors that contribute to the development of breakouts: over active sebaceous glands, dead skin cell accumulation, bacteria and inflammation.

By providing around the control of these four factors, the MediBac clearing system, with its unique breakout fighting and clearing technology, maintains healthy, constantly clear skin and puts an end to your adult breakouts for good.

Environmental Control Treatment £40 75 mins

If your skin is looking red, inflames or feeling itchy then this is the treatment for you! Our super-soothing cleansing will remove impurities from your skin, followed by a calming oatmeal masque that will instantly calm redness and reduce inflammation.

Skin Brightening Treatment £45 90 mins

Help stop your uneven pigmentation at its cause. This treatment, when combined with proper home care, actually regulates pigment production on a cellular level, helping to balance the complexion.

Dermalogica Facial Treatments (Continued)

Revitalising Eye Rescue £22 30 mins

This treatment firms and tones the eye area helping to diminish fine lines and reduce puffiness.

Men's Skincare Treatment

Men's skin fitness microzone treatment (for congested, oily and breakout prone skin or inflamed sensitised and irritated skin) £25 30 mins

This 20 minute treatment will help skin recover from current damage while cleansing, clearing, soothing and calming. We'll even outline and pre-shave, shave and post-shave home care regime (including proper shaving techniques) to help you maintain the results.

Dermalogica Body Therapy

Body foliation therapy £25 30 mins

Ideal with any body thermal therapy or alone. This treatment combines gentle exfoliation with conditioning essential oils. It brightens and smoothes the skin. You will leave this therapy with silky, healthier skin.

Power recovery therapy £27 30 mins

Can be combined with foliation therapy. An intense wrap that feeds your skin with nourishment. Customised essential oil blends in a massage medium offer aromatherapeutic benefits. Also has antioxidant effects. Good for dry or prematurely aging skin.

Nourishing sea mud therapy £27 40 mins

Can be combined with foliation therapy. This warming body wrap stimulates circulation, smoothes, tones and encourages absorption of nourishing botanicals.

Body therapy hydro wrap £27 40 mins

Can be combined with foliation therapy. An aloe vera gel based body pack that hydrates and nourishes whilst soothing and relaxing the body.

Full Body Therapy Treatment £50 90 mins

Includes body exfoliation and a choice of any body wrap.

Dermalogica Body Therapy (Continued)

Deep thermal therapy with thermal stamp £55 90 mins

This thermal body treatment utilises a unique fabric stamp filled with skin benefiting ingredients and the power of heat to detoxify, remineralise, de-stress, exfoliate and relax. The deep manipulations along pressure points and the meridian of the body relief aching muscles and rebalance the body.

Massage Treatments

½ Therapeutic Back Massage £25 45 mins

½ Therapeutic Back Massage with Hot Stones or Thermal Stamps £31 1hr

Full Body Therapeutic Massage £39 1hr

Full Body Therapeutic Massage with Hot Stones or Thermal Stamps £45 75 mins

Scalp and Face Pressures can be added to any of the above massage treatments.

Reflexology £30 1hr

Indian Head Massage £27 45 mins

Hand and Feet

(The Jessica System)

Manicure £25 60 mins

Super Deluxe Manicure £30 75 mins

Reshape & Polish £12.50 30 mins

Zen spa pedicure £27 60 mins

Zen spa deluxe pedicure £33 75 mins

Nail Art £3

Note: Please bring open toed shoes for pedicures