



# SYNERGY

BEAUTY ACADEMY AT THE LANGSTONE HOTEL

Treatment List

# DERMALOGICA FACIAL TREATMENTS

**Dermalogica is a skin and body care range developed by The International Dermal Institute; who are against and refuse to use ingredients known to cause skin problems such as sensitivity.**

**All facials include 'Face Mapping' to review the 14 zones of the face to provide a personal prescription and skin care routine for your individual skin needs.**

## Dermalogica Prescription Facial **£30.00**

Relax and unwind with a luxury facial using Dermalogica products; currently the number one skincare specialists. Includes cleanse, exfoliation with steam, massage, mask and moisturise.

## Dermalogica Facial for Men **£30.00**

All of the benefits of the above but using Dermalogica skincare products suited to male skin.

## Non-Surgical Face Lift – suitable for all skin types **£40.00**

Achieve younger looking skin without cosmetic surgery. This facial treatment will work on toning the muscles to lift the facial contours, smooth fine lines, fade scar tissue and stimulate the collagen and elastin in your skin. Includes cleanse, exfoliation with steam, Micro-current (non-surgical face lift), mask and moisturise.

## Luxury Skin Refining Facial - suitable for all skin types **£40.00**

If your skin is in need of a deep cleanse then this is the facial for you. With the use of the Galvanic machine this facial will remove impurities deep in the pores and then feed the skin with essential nutrients for each individual's skin type.

Includes cleanse, deep cleanse and exfoliation (Galvanic), mask, skin refining treatment (Galvanic) and moisturise with Direct High Frequency.



\*All facial treatments take one hour.

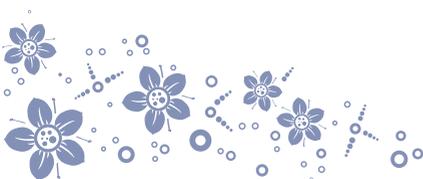
A course of six treatments is recommended for all facial treatments  
6 for the price of 5 - **£225**

Micro-dermabrasion\* - for all skin types (1 hour) **£45.00**

This is the ultimate facial for younger, healthier looking skin. It works by using a controlled flow of crystals to remove dead skin cells leaving the new skin cells with an energy boost. Your skin will look and feel wonderful.

\*Clients for this treatment are required to have a skin test 24 hours prior to their appointment.

**Call 02392 46 6214 to book an appointment!**



## WAXING SERVICES

½ Leg Wax	<b>£12.00</b>
½ Leg Wax, Underarm & Bikini Line	<b>£25.00</b>
Full Leg Wax	<b>£18.00</b>
Full Leg & Bikini Wax	<b>£23.00</b>
Bikini Line Wax	<b>£8.00</b>
Underarm Wax	<b>£8.00</b>
Lip or Chin Wax	<b>£5.00</b>
Lip & Chin Wax	<b>£7.00</b>
Eyebrow Wax	<b>£6.00</b>
Chest Wax	<b>£10.00</b>
Back Wax	<b>£15.00</b>
Forearm Wax	<b>£10.00</b>

\*All clients will be required to have a skin sensitivity test 24 hrs before treatment.\*\* Due to skin sensitivity it is not advised to swim, sauna, steam or Jacuzzi prior to waxing.

## EYE TREATMENTS

Eyebrow Tint	<b>£6.00</b>
Eyelash Tint	<b>£10.00</b>
Eyebrow Shape	<b>£8.00</b>
Eyebrow Reshape	<b>£10.00</b>
Eyelash & Eyebrow Tint & Eyebrow Shape	<b>£20.00</b>

\*Tint test is required at least 24hrs prior to treatment

## BODY TREATMENTS

### Therapeutic Massage Treatments:

Back Massage	<b>£15.00</b>
Full Body Massage	<b>£30.00</b>
Full Body & Scalp Massage	<b>£35.00</b>



## Aromatherapy Massage Treatments:

Back Aromatherapy Massage	<b>£18.00</b>
Full Body Aromatherapy Massage	<b>£33.00</b>
Full Body & Scalp Aromatherapy Massage	<b>£38.00</b>

## Stone Therapy Massage:

Stone Therapy Back Massage	<b>£21.00</b>
Stone Therapy Body Massage	<b>£38.00</b>
Stone Therapy Full Body Massage & Face	<b>£45.00</b>

\*All the above are carried out using a selection of pre-blended Aromatherapy oils

## Luxury Toxin Relief Back Treatment **£25.00**

This luxury back treatment will help clear any break outs on the back area, remove dead skin cells and stimulate the body's metabolism. Includes cleanse and exfoliation with steam, massage, mask and skin treatment using the Direct High Frequency machine.

## Luxury Stress Relief Back Treatment **£25.00**

All the benefits of the Luxury Toxin Relief Back Treatment but instead of stimulating the body's metabolism this treatment will deeply relax and relieve tension in the muscles with the use of the Indirect High Frequency machine.

## Micro-Dermabrasion\*

This deep exfoliation treatment can be used to reduce the appearance of cellulite and stretch marks, scarring and hyper-pigmentation.

Body (per area) by consultation cost ranges **from £20.00 onwards.**  
Hands (including luxury hand treatment) **£35.00**

\*Clients for this treatment are required to have a skin test 24 hours prior to their appointment.



# JESSICA HANDS & FEET TREATMENTS

**Jessica began as a manicurist over 30 years ago and saw the need to formulate her own products and system for creating natural nails which have come to be regarded as the most beautiful natural nails in the world.**

**As part of your manicure/pedicure treatment, your therapist will be able to define your nail type and design a treatment plan specifically for your nails, hands and feet needs.**

\*For pedicure treatments, flip flops are required to be worn

Manicure	<b>£21.00</b>
Deluxe Manicure	<b>£26.00</b>
Reshape and Polish (Hands or Feet)	<b>£12.00</b>
Zen Spa Pedicure	<b>£23.00</b>
Zen Spa Deluxe Pedicure	<b>£28.00</b>

## Make-up Services

**Bare Minerals make-up was first introduced by Bare Essentials, which has been around since 1976. The company was founded in California with the main purpose of making make-up for women of all ages, skin tones and types using only all-natural products made with no preservatives, oils, talc, fragrances or any other products that may irritate the skin.**

Day Make-up	<b>£25.00</b>
Evening Make-up	<b>£25.00</b>
Special Occasion Make-up	<b>£28.00</b>
Bridal Make-up	<b>£28.00</b>

**The Perfect Gift - Gift vouchers available!**



## PAMPER PACKAGES

**Whether it be a for a special occasion or just because you feel the need for some TLC , out pamper packages will suit for every occasion and clientele.**

\*Personal packages can also be created for your individual treatment requirements

### Full Day Pamper Package **£120.00**

Includes Swim, Sauna and Jacuzzi, Full Body Aromatherapy Massage, Dermalogica Facial, Jessica Deluxe Manicure, Jessica Deluxe Pedicure and lunch

### Half Day Pamper Package **£75.00**

Includes Swim, Sauna and Jacuzzi, Aromatherapy Back Massage, Dermalogica Facial, Jessica Deluxe Manicure or Pedicure, tea/coffee and biscuits

### Men's Grooming Package **£110.00**

Swim, Sauna and Jacuzzi, Hot Stone Back Massage, Dermalogica Men's Facial, Deluxe Manicure, Deluxe Pedicure. Complimentary pint in the hotel bar

### Little Diva Package **£40.00**

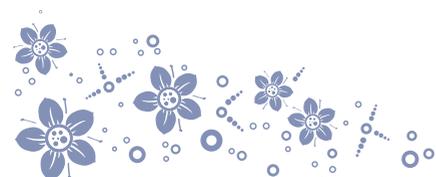
**Includes mini manicure, mini pedicure, application of make-up**

### Bridal Package **£140.00**

Includes Swim, Sauna and Jacuzzi, Aromatherapy Back Massage, Deluxe Manicure, Deluxe Pedicure, Trial Wedding Make-up, Make-up on the Wedding Day

### Mother-To -Be Package **£80.00**

Swim, Back Massage, Dermalogica Facial, Deluxe Pedicure, ½ leg, Underarm and Bikini Wax





## Opening Times:

Monday:	CLOSED
Tuesday:	10.00-17.00
Wednesday:	10.00-14.30
Thursday:	11.00-20.00
Friday:	10.00-17.30
Saturday:	10.00-17.00
Sunday:	CLOSED

See the Langstone Gym Reception for details on appointments

## Make an appointment:

- By phone on: 02392 46 6214
- By visiting in person at the Langstone Gym reception desk
- By emailing us at: [lee@langstonehotel.co.uk](mailto:lee@langstonehotel.co.uk)

Be sure to ask at our reception about our product/ treatment of the month and about our loyalty card system.

## **The Perfect Gift - Gift vouchers available**

[www.langstonehotel.co.uk](http://www.langstonehotel.co.uk)  
The Langstone Hotel, Northney Road  
Hayling Island, Hampshire  
PO11 0NQ